ROTARY CLUBS OF MACARTHUR IN CONJUNCTION WITH THE BLACK DOG INSTITUTE AND AUSTRALIAN ROTARY HEALTH
Free community education and awareness seminar for parents, teenagers and people who work with young people

NAVIGATING TEENAGE DEPRESSION

Come and learn about:
- What is depression and bipolar disorder?
- How to spot early warning signs
- How to communicate with a young person you are concerned about
- Where to seek help
- How to build resilience

WHERE: Campbelltown Civic Centre, Cnr Queen and Broughton Streets, Campbelltown
WHEN: Wednesday 18th April 2012
TIME: 7.00pm-9.00pm
Light refreshments provided
To register your attendance, please go online to http://blackdoginstitute.org.au/rsvp/rotarymacarthur or call (02) 9382 4523 during business hours
Website: www.blackdoginstitute.org.au